



SystemRoMedic™

Sling Selection Guide

DHG's Support Scale rates SystemRoMedic™ lifting slings into four categories based on which type of functionality they give the user, ensures that selecting the correct sling is simplified

DHG
Moving Health Forward

Our lifting slings give more



Choosing should be easy!

We know that choosing the right lifting sling can sometimes seem complicated. And the more models, sizes and materials you have to choose from, the more complicated it seems to choose.

DHG offers a full range of lifting slings for all lifting situations and users. Even so, to facilitate choice, we have restricted the number of models. We have also developed an aid, DHG's SupportScale, which rates our lifting slings for seated lifting in four categories based on which type of functionality they give the user.

More activation

The lower the back of the lifting sling, the better the user can participate and be activated. Lifting slings with divided leg supports also allow the user to participate more during application and removal of the lifting sling.

More support

The higher the back of the lifting sling, the more the user is supported. Lifting slings with undivided leg supports also provide more support and are better suited to the user's functional ability and status, for example, in the case of very poor muscular tonus, sensitivity to pain and other factors that can make lifting problematic.



Activate the user, even in lifting situations

DHG both presupposes and fosters interaction between user and caregiver. What is good for one is good for the other. Our philosophy is that the user should always participate in the transfer to the best of his or her ability. It's a matter of using the available strength in the best way; of not subjecting the caregiver to excessive strain, while making use of the user's functional ability, even in a lifting situation. Based on the user's need for support, his mobility and ability to participate, The DHG SupportScale can show which lifting sling models enable the greatest degree of safety and security without doing what he, himself, is able to do.

SupportScale	Divided leg supports	Undivided leg supports
Low back	+	++
Shoulder-high back	++	+++
High back	+++	++++

The user's functional level and status determine the need for support and other lifting sling functions and, thereby, also the choice of lifting sling model. Ratings from 1+ (more activation) to 4++++ (more support) show which functions different DHG lifting slings for seated lifting give the user.

Low back

Provides less support and allows greater possibility for activation. For users with good head stability, good torso stability and adequate muscular tonus.

Shoulder-high back

Provides more support and enables a certain degree of activation. For users with good head stability, reduced torso stability and a degree of muscular tonus.

High back

Provides a lot of support, even for the head. For users with poor stability and muscular tonus.

Divided leg supports

Easier application in the seated position. Easy to remove after lifting is completed. Allows the user to participate during application and removal.

Undivided leg supports

Left under the user after lifting is completed. Ideal for immobile, pain-sensitive and/or dementia users.



LowBackSling



FOR TOILETING

HygieneSling



BasicSling



AmpSling



FOR TOILETING

HygieneLBSling



ClassicSling



FOR TOILETING

HygieneHBSling



BariSling



ClassicSling, with commode opening



HighBackSling



ShellHBSling



FlexibleSling



AmpHBSling



ClassicHBSling



FlexibleSling, undivided



FOR TOILETING

FlexibleSling, undivided, with hygiene opening



Application Tips

Simplicity is one of the most important fundamental principles behind DHG's products. Activating the user and encouraging the user to use his or her natural patterns of movement are two others. By utilizing the user's own strength and capability in lifting situations, we can perform easy, safe and gentle transfers while helping to improve the user's muscle tone, sense of independence, control and dignity.

Simple, convenient application of slings

The user's functional ability and need for support determine the choice of lifting sling model, but also the choice of application and removal technique. There are several well-proven and commonly used methods for applying and removing slings. We have documented these methods in the user manual for each individual lifting sling model. However, to make transfers even easier and, above all, to activate the user as much as possible, we have also developed a number of DHG methods.

By combining small, simple and effective assistive devices from other product groups in the DHG range with aids for mechanical lifting, we are able to create many different, individualized solutions for all types of users and for all situations. Here, we present a few examples. Naturally, our talented product specialists and representatives will be pleased to show you more.

Contact us for more information or to book a presentation or training session. Find out how to contact us at www.dhg-healthcare.com.

FOR ACTIVE USERS + / + +

Placement of lifting slings with divided leg supports



When seated in a chair or wheelchair

The user uses ReTurn or the head-board to support himself as he leans forward. The caregiver holds the lifting sling with one hand and, with the other hand in the application pocket at the lower edge of the lifting sling, guides it down, preferably, to the user's tailbone.



From a recumbent position in bed

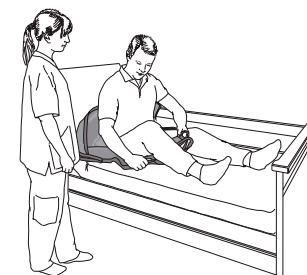
With the aid of FlexiGrip, a user lying in bed can sit up and lean forward from the underlying surface. The caregiver is then able to simply position the lifting sling on the under-lying surface behind the user's back. The centre line of the lifting sling should be aligned with the user's spine.

Placement of leg supports



When seated in a chair or wheelchair

The caregiver pulls the leg supports forward along the outside of the thighs, ensuring that they are equally long on both sides. The user can then place the leg supports under his legs.



From a recumbent position in bed

A user seated in bed can also help to place the leg supports. The caregiver ensures that the user has adequate side support, so that he does not lose his balance and fall from the bed.

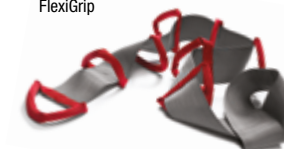


ReTurn7500i

Use what strength there is

ReTurn stimulates the natural pattern of movement during rising while at the same time strengthening the muscles and functional ability. For the caregiver, ReTurn also enables a safe transfer without the need for heavy lifting.

FlexiGrip



Trains both stomach and arm muscles

FlexiGrip is a simple, effective assistive device for rising that is mounted on the footboard of the bed and is used by the user to gradually rise from a recumbent to a seated position.

EasyGlide

For horizontal transfers EasyGlide is a thin, pliable sliding board for horizontal transfers and for repositioning higher up in bed. EasyGlide can also be used to assist placement of a lifting sling in both the recumbent and seated positions.





Placement of lifting slings with divided leg supports

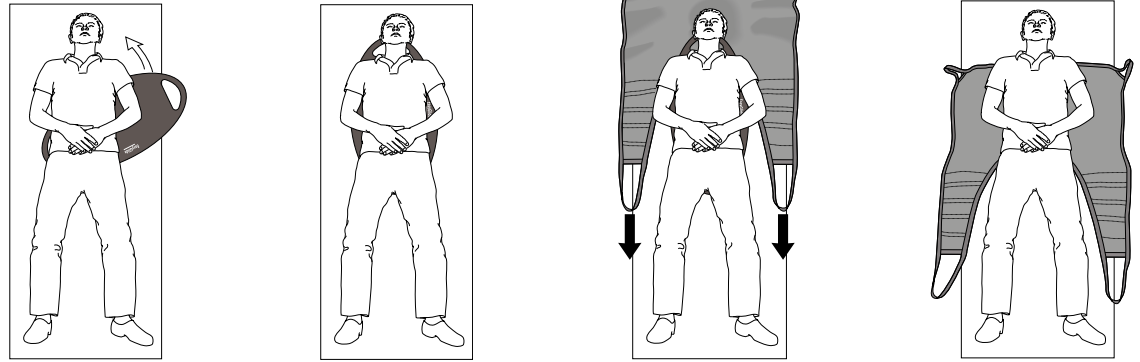


Seated in a chair or wheelchair

The caregiver places two EasyGlides, one on top of the other, between the small of the user's back and the wheelchair, and then rotates them upwards until they cover the user's back.

The caregiver then places the lifting sling between the sliding boards, and pulls the sling (which slides between the sliding boards) all the way down to the users' tailbone. The sliding boards are removed before the leg supports are applied.

Placement of lifting slings with divided or undivided leg supports



From a recumbent position in bed, on an examination table or the floor

The caregiver places two EasyGlides under the small of the user's back and at right angles to the spine.

The sliding boards are rotated upwards, in under the user's neck, until they are positioned under the user and aligned with the spine.

The lifting sling is placed with the tag facing the underlying surface. The lifting sling is pulled downward, between the sliding boards, all the way down to the user's tailbone.

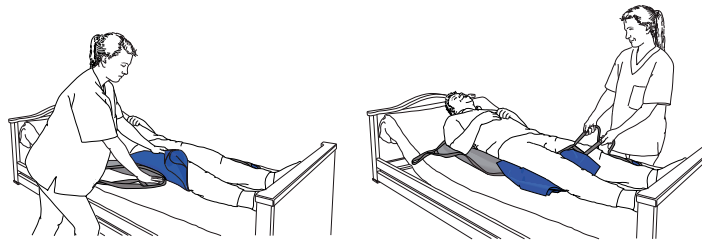
Ensure that the lifting sling is positioned centrally under the user before the sliding boards are removed and the leg supports are applied.

Placement of leg supports



Seated in a chair or wheelchair

With FootStool under the user's feet, the legs are raised and friction under the thighs is reduced. This enables simpler, more convenient application of the leg supports.



From a recumbent position in bed

The caregiver places a ReadySlide under the user's thighs to reduce friction. The leg supports are then guided under the thighs, between the ReadySlide and the underlying surface, and pulled out from the other side, between the user's legs.



FootStool

Raises the user's knees

FootStool is used to raise the user's knees to enable safer, simpler seated transfers. It is also a practical aid that provides support under the feet during toileting or when repositioning the user farther back in a chair or wheelchair. There is a cover available for FootStool.



ReadySlide

A thin and pliable sliding mat

ReadySlide is a very easy-to-use sliding mat that is available in several sizes and can be used to facilitate various types of horizontal transfers, repositioning in a seated position or application of lifting slings in a seated position.

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SystemRoMedic™ is a complete solution for easy transfers.
The concept encompasses four product areas that meet
most needs in different transfer situations.

Transfer, between two locations. **Positioning**, within the same location.
Support, for mobility. **Lifting**, both manual and mechanical.

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